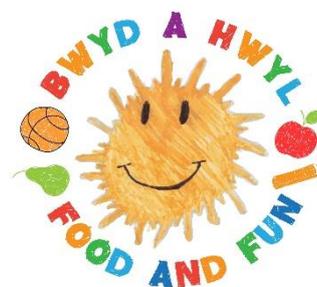


School Holiday Enrichment Programme (SHEP) 2021 Pledge



This is a UK wide pledge

This commitment will be implemented
by 2023

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Department of Health, devolved governments, Local Authorities and other key stakeholders commit to explore new ways for securing preferential access to vegetables for those on a low income including modernising and increasing the uptake of Healthy Start.

This aligns with point 6 on the Commitments Framework

Commitment Details

SHEP is a school based education programme that provides food and nutrition education, physical activity, enrichment sessions and healthy meals to children in areas of social deprivation during the school summer holidays in Wales. Food and Fun is the brand identity used at local level to promote schemes to children and families. Welsh Government has part funded SHEP since 2017 match funded by Local authorities and partners. Approximately 94,000 nutritious meals (breakfast and lunch) were served by education catering staff during SHEP 2019. The SHEP Menu Principles ensure a minimum of 2 separate portions of vegetables and/or salad are served with every lunch meal (during term time The Healthy Eating in Schools (Nutritional Standards and Requirements) (Wales) Regulations 2013 require school lunches to provide at least one portion of vegetable/salad per day.) SHEP 2021 will provide lunches to approximately 8,000 children for at least 12 days of the summer holidays, this means a potential 96,000 lunchtime servings of two vegetable per child. Families are invited to lunch at least once per week in each scheme, depending on local Covid risk assessment, adding to the total number of vegetable portions consumed.

Monitoring

Each SHEP Food and Fun scheme collects daily attendance data which is submitted to WLGA as part of the evidence gathering. Menus and food service is monitored by Local Authority SHEP steering groups to ensure compliance with the SHEP Menu Principles within the Quality Assurance Framework. We will be able to supply the approximate number of portions of vegetables served over the duration of the programme in 2021 determined by the number of children attending each scheme.