



Hampshire County Council Catering Services (HC3S)



2020 Pledge

This is an England wide pledge

This commitment will be implemented
by 2021

1

Quick service, Food-on-the-go businesses, casual dining restaurants, workplace canteens and public sector food settings commit to increase the volume of veg they sell, aiming for two portions in every main meal while maintaining commitments to reduce waste (inspiration can be found in our Food Service Compendium)

This aligns with point 4 on the Commitments Framework

Commitment Details

HC3S commit to supporting this pledge by replacing the majority of frozen vegetables with fresh produce, restricting frozen to two: peas and sweetcorn, and aim to increase our overall amount of (kg) vegetables and reduce meat dishes by 10% in our next menu cycle (running April to end October 2020) across the primary school dishes (veg in this case follows the government's Eatwell Guide, so does not include pulses or white potatoes). Our actions to achieve this will include: devising and introducing new recipes to include more seasonal and fresh veg across our menu options.

Monitoring

In order to monitor progress, we will take a baseline of our recipes (how much veg per recipe) in terms of child portions (50g) and the total uptake of meals across those schools. Our recipe management system Saffron has the capacity to review the % of vegetables used in our dishes/menus by menu cycle.



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Commitment Details

We will help shape the national schools' strategy for Veg Power and produce lesson plans for their schools' packs as collateral to encourage conversations about veg that link to numeracy and literacy. We will encourage our education sites to actively participate in the national Veg Power campaign with a whole school approach to celebrating veg and encouraging children to taste more veg - making our salad bars attractive in displaying veg. Pilot waste monitoring programme.

Monitoring

Number of schools who received Veg Power school packs and number of children involved in school. (Data will be supplied by Veg Power). Number of HC3S catered schools participating in the Veg Power campaign 2020. Catering teams reporting that children in school will be more likely to eat veg. Within the reporting, we aim to include the amount of wastage produced from vegetables and the salad bars on a daily basis for two pilot schools prior to, during and following the Veg Power campaign where we hope to see a reduction in wastage.



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Commitment Details

Use digital and social media to communicate the health benefits of more veg with our customers and promote seasonal veg on the primary school menu with recipe ideas for parents to use at home.

Monitoring

Digital and social will be measured by engagement and analytics.



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Commitment Details

Reward pupils with stickers to encourage pupils to eat more vegetables e.g. 'I ate my veg' and 'I tried something new' to promote vegetable consumption during lunch time

Monitoring

Catering teams will be given a set amount of stickers over this time period and we will ask them if they need more at the end.



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Commitment Details

All children's meals include at least one portion of veg, plus the option of veg from the salad bars as part of the overall meal. All of our children's meals are aligned with PHE's nutritional guidelines, the Hyperactive Children's Support Group, the School Food Plan and Soil Association Food for Life Served Here bronze accreditation.

Monitoring

We will monitor progress of our children's recipes every menu cycle so that we can adjust our campaign accordingly. We will report to Peas Please annually.