Inquiry Committee members (drawn from expert organisations, Children’s Commissioners, supporting parliamentarians and Youth Panel)

Chair and Deputy Chair: Sharon Hodgson MP
Dr Philippa Whitford MP

Supporting parliamentarians

Supporting organisations who work with children and conduct research

Delivery group led by Food Foundation with Lindsay Graham, Dr Rys Farthing and Dr Jo Pike

Youth Panel

1. GOVERNANCE
2. SIX EVIDENCE INGREDIENTS

1. Rapid review: National Institute of Health Research

2. Policy review: Food Foundation with Nourish Scotland
   Policy briefing: Affordability of a healthy diet for children

3. Consultation and engagement with children & young people:
   Fixers, focus group discussions, workshops and projects
   13 regions. Listening event

4. IPSOS-Mori poll

5. Evidence submissions through online portal – Leeds Beckett University.

6. Evidence Hearings – four nations
3. COVERAGE & IMPACT

1. Excellent communications & stakeholder engagement strategy
   Newsletter

2. Written report, 6 recommendations. Tailored outputs for 4 nations. Digital outputs

3. Launch events in four nations
   Media and advocacy plan

4. Cohort of children and young people media trained and better informed on the issue to advocate

5. Identifying potential new avenues of research and innovation; exploring the idea of an International event of Child food security
4. TIMELINE

- 2018:
  - MAR: Policy briefing, Literature review
  - APR: Portal open
  - MAY: Consultation with children & young people

- 2019:
  - JAN: Evidence hearings
  - FEB: Newsletter
  - MAR: Committee + YP

Final report
For more information

office@foodfoundation.org.uk
Online Evidence Submission

Dr. Jo Pike, Senior Lecturer Carnegie School of Education
Joanne.pike@leedsbeckett.ac.uk
0113 812 3025
Aims of the online submission

- Provide more reliable estimate the prevalence of child food insecurity
- Provide detailed information on what child food insecurity looks like
- Identify formal and informal sources of support for children and young people
- Need a combination of closed and open questions
- Need evidence from children and adult stakeholders
Online portal requirements

Single landing page with unique URL

Landing page -
  - Background to project
  - Ethics and consent
  - Links to partners

Children’s page
  - Explain background to project in child friendly language
  - Explain consent
  - Space to submit evidence

Adult stakeholders
  - As above but different language and visual feel
Pros and cons of online submission

• **Pros**
  • Access to larger samples
  • Cost effective
  • Relatively quick
  • Easy link to other information

• **Cons**
  • Excludes certain groups – access and age
  • Technical issues – e.g. firewall
  • Limits on types of evidence
Evidence submission

• Children’s submissions
  – Survey responses
  – Demographic questions
  – Open long answer questions
  – Visual evidence via email

• Pilot Phase
  – Secondary and Primary Schools in West Yorks
  – After Easter

• Submissions from early June to October

• Adults submissions
  – Survey responses
  – ‘professional questions’
  – Open long answer questions
  – Visual evidence??

• Pilot Phase
  – Teachers, Social Workers and LA
  – After Easter
Child Food Insecurity

The Children’s Inquiry into Food Insecurity was launched on 21st November 2017 and is led by Sharon Hodgson MP and supported by Leeds Beckett University, the Food Foundation, Lindsay Graham and Dr. Rys Farrington.

An estimated 4 million children are living in poverty in the UK and we are seeing a growing number of families using foodbanks. The Trussell Trust reported giving out 1,182,954 food parcels in 2016/17, 37% of these were to children. The only national measure of food insecurity reported by the UN’s Food and Agriculture Organisation estimates 8.4 million people are living in food insecure households in the UK. UNICEF’s analysis of this same data estimates 10% of British children are living in severely food insecure households.
Children's Food Survey

These questions are about the food that children eat.

Sample video
The Automobile | British P...

About you

Please tell us a little bit about yourself

Link to online forms

• [Children's submissions](https://docs.google.com/forms/d/e/1FAIpQLSdtCTEf243gRlXB5HZ9ur1p_aXRQG2qII6gt63Nf70LP7SOog/viewform)
Sample pages

Children's Food Survey

About other children in your school

Do you know children in your school who go hungry because of lack of money?

- Yes
- No
- Not sure

Who should these children go to for help if there is not enough food to eat at home?

Your answer
Thanks for listening

Any Questions?
Child Food Insecurity in the UK: evidence of its extent, nature and effects on health and what can be done to address it. A rapid review.

Miriam Brazzelli
Health Services Research Unit
University of Aberdeen
The reported increase in child food insecurity poses a threat to public health in both the short and long term.

Just under 1 in 4 people (nearly 13 million people) live in poverty, in the UK. This includes 1 in 3 children (almost 4 million).
Main objective of the rapid review

- Rapid review to determine the nature, extent, and consequences of food insecurity affecting children (≤18 years old) in the UK.
Inclusion criteria:
population/participants

- Children (0 to 18 years old) from any ethnicity or gender living in main high-income countries.
- Geographical setting: United Kingdom, France, Germany, Italy, Sweden, Norway, Denmark, Finland, Iceland, Russian Federation, Canada, United States, Japan, Australia and New Zealand.
5 research questions to address
Specific objectives

1. To determine the nature and causes of child food insecurity in the UK.
2. To determine incidence, prevalence, and costs of child food insecurity in the UK.
3. To explore the impact of food insecurity on children’s health in terms of physical, mental and social well-being.
4. To assess interventions which aim at eliminating, reducing or mitigating the effects of child food insecurity (e.g., school breakfast and/or lunch clubs, soup kitchens; food vouchers).
5. To assess the cost-effectiveness of interventions designed to tackle child food insecurity.
Progress to date

- Research protocol registered in the PROSPERO database
- Literature searches have been developed and run
- Relevant sources of evidence have been selected
- Data extraction and data synthesis - ongoing
Abstracts/titles identified through database searches
n=4660

Potentially relevant full text articles assessed for eligibility
n=757

Full text articles selected as priority for screening
n=221

Unclear whether relevant outcomes were reported/no abstract available
n=536
Full text articles selected as priority for screening
n=221

Full text articles included
n=38
Observational: n=29 (UK=3)
Qualitative: n=6 (UK=4)
Intervention: n=3 (UK=0)

Full text articles excluded:
n=111
No relevant outcomes: n=49
Household FI only: n=25
FI not assessed/ineligible: n=20
Ineligible participants: n=9
Ineligible country: n=8

Full text articles unclear
n=72
## What is the current evidence?

<table>
<thead>
<tr>
<th>Research Question</th>
<th>Anticipated no of relevant studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>RQ1 Nature and causes</td>
<td>25</td>
</tr>
<tr>
<td>RQ2 Incidence/prevalence</td>
<td>2</td>
</tr>
<tr>
<td>RQ3 Impact on health</td>
<td>22</td>
</tr>
<tr>
<td>RQ4 Evaluation of Interventions</td>
<td>7</td>
</tr>
<tr>
<td>RQ5 Economic evaluations</td>
<td>0</td>
</tr>
</tbody>
</table>

These are preliminary results as the rapid review is currently ongoing.
Grey Literature

• Key UK sources
  – All-Party Parliament Group on Hunger
  – Scottish Government (Independent Working Group on Food Poverty; ‘A Healthier Future’ consultation)
  – Trussell Trust

• Key international sources
  – UNICEF
  – US Department of Agriculture
Current challenges

• Lack of direct assessment of food insecurity in children

• Lack of a ‘gold standard’ for the assessment of food insecurity

• Some food aid programmes not being evaluated in children with food insecurity
Acknowledgements

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This rapid review has been commissioned by the NIHR Public Health Research Programme (project number 17/48/02)

Department of Health and Social Care disclaimer
The views expressed are those of the authors and not necessarily those of the NHS, the NIHR or the Department of Health and Social Care.
Thank You