

TEMPLATE FOR LETTER EMAIL TO MP

INSTRUCTIONS

This email template is for people who want to write to their MP about increasing access to affordable nutritious and sustainable food. However, the same structure could be used for any issue you care about. Follow these steps to use the template:

- 1) Add your details to the subject line
- 2) Add your MP's name
- 3) Add / Amend all details highlighted in the body of the email
- 4) Sign off with your details
- 5) Copy and paste the content into a new email
- 6) Add the subject line
- 7) Use <https://members.parliament.uk/FindYourMP> to find your MP's email address
- 8) Send!

ONLY EMAIL THE CONTENT BELOW THE LINE

Subject: Letter from [Constituency], [Full Name], [Postcode]

Dear [XX MP],

My name is [Your Name], and I am [Your Role or Age, e.g., a parent/young person/student] from [Your Area / Road Name] **in your constituency**. I am deeply concerned about the growing issue of food insecurity.

As [a brief personal anecdote/experience, e.g., a student who has witnessed classmates struggling to access healthy meals], I have seen how this issue affects [a negative impact, children's ability to focus, learn, and thrive].

To address this pressing issue, I urge you to support the following actions:

- **[Sample Action 1] Ensure Access to Free School Meals:**
 - A very quick stop gap measure could be to auto-enroll all currently eligible children for Free School Meals.
- **[Sample Action 2] Improve the Quality of School Food:**

- Update the School Food Standards so they reflect the latest dietary guidelines, and introduce compliance monitoring, noting that the governments of Wales and England are currently consulting on these standards.
- **[Sample Action 3] Strengthen Support for Families:**
 - Eliminate the two-child benefit cap.
 - Improve Universal Credit levels to meet basic family needs.
 - Expand and enhance holiday food support programmes.
 - Improve the value and eligibility of the Healthy Start and introduce auto-enrollment.

The above steps would reduce food insecurity and give **every child the best possible start in life.**

I would really appreciate the chance to discuss these important policy asks with you. Could we arrange a meeting to hear your thoughts on these recommendations and learn about the actions you're taking to address food poverty in our community?

Thank you for your time and commitment. I look forward to your reply.

Best regards,

[Your Full Name]

[Contact Details i.e. email address and phone number]

[Your Post Code]