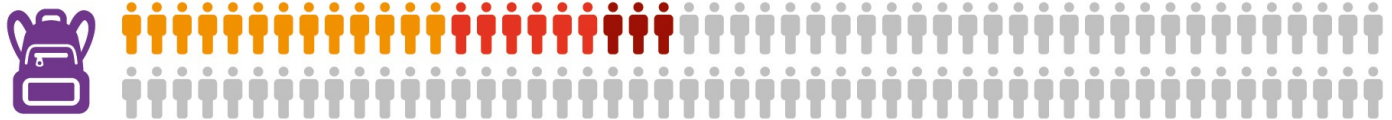


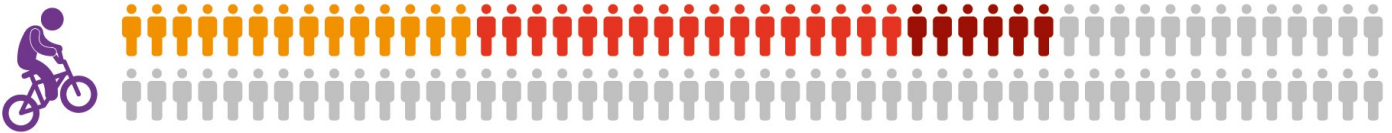
# Trajectory for children born in 2021

● Overweight ● Obesity ● Severe obesity ● Dead

## AT AGE 5/RECEPTION: FORECAST 2026



## AT AGE 11/YEAR 6: FORECAST 2031



## AT AGE 21: FORECAST 2041

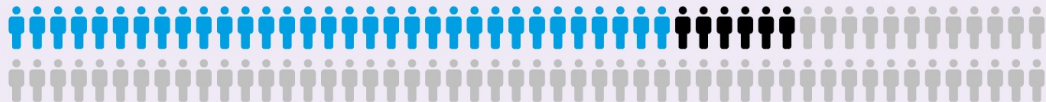


## AT AGE 65: FORECAST 2086



### AT AGE 65: IN DETAIL

#### AT AGE 65: DIABETES T1+T2



#### AT AGE 65: CARDIOVASCULAR DISEASE



#### AT AGE 65: CANCERS\*



#### AT AGE 65: OSTEOPOROSIS



#### AT AGE 65: TOOTH DECAY



- Dental decay
- People who've lost all teeth
- Dead

**Note:** Overweight is defined as a BMI of 25 - 29.9, obesity (excluding severe obesity) is defined as a BMI of 30-39.9, and severe obesity as a BMI of 40 or higher. For children at age 5 and 11, we used the UK90 reference charts, defining overweight and obesity at the 85th and 95th centile cut-offs, and the 99.6th centile for severe obesity.

\* a third of cancers are now estimated to be a result of poor diets and low levels of physical activity, with 13 forms of cancer associated with obesity (Cancer Research UK, 2021) (WCRF)