



Autograph Education (Part of Mitie)

2020 Pledge

This is a site wide pledge

This commitment will be implemented
by October 2020

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Businesses and public sector bodies providing food commit to support people to eat two portions of veg at lunchtime at no extra charge

This aligns with point 4 on the Commitments Framework

Commitment Details

Autograph Education commit to supporting this pledge across 100% of our primary school meals served, with the pledge included in all new contracts tendered for. Autograph Education operate a nutrition strategy which includes the following commitments to increasing vegetable consumption;

1. Every school offers at least two varieties of seasonal vegetables and salads every day, many schools have an additional salad bar to complement this
2. We offer a minimum of six varieties of vegetables and salads each week
3. We restrict the use of frozen vegetables to green beans (when out of season), peas and sweetcorn to promote fresh seasonal produce
4. We add extra vegetables to composite dishes, including our homemade Tomato Base Sauce (made from a combination of six different fresh vegetables)
5. Many of our vegetarian dishes include pulses such as cannellini beans, chickpeas, kidney beans and lentils which count towards 5 A DAY
6. Our primary school menu leaflets include food based symbols to communicate our approach to recipe development and high nutritional standards to schools, parents and pupils. This includes a carrot symbol to identify composite dishes which contain an extra ½ portion of vegetables.

For the remaining 70% of our school meals served we will deliver points 1-6 above and review our approach to increasing vegetable consumption across our contracts through our ongoing nutrition strategy.

Monitoring

Our recipe and menu management system Saffron has the capacity to review vegetable sales across our contracts. We will utilise this data to track vegetable sales and monitor our progress with meeting this pledge.